

THE C.A.R.E. WAITAKERE TEAM

CONTACT DETAILS:

64 Waipani Rd
Te Atatu Peninsula
Auckland, 1008

Phone: 09 834-6480

Fax: 09 834-6481

Email:

admin@carewaitakere.org.nz



WE CONTINUE TO BE THANKFUL FOR:

Pauline Gamble our wonderful receptionist. She provides such a warm and caring welcome to all those who come into or contact CARE house.

Our long-serving administrative volunteer **Rosalie Mailand**, who comes every Monday afternoon to assist us with administration and financial matters. We really appreciate all you do.

Our relationship with the elders and congregation of **Te Atatu Bible Chapel**. We particularly appreciate the support and helpful assistance of **Sue Sutherland** in the TABC office, as well as regular donations from the food basket and meals in the freezer, which have been available for immediate emergencies.

Te Atatu Union Parish Church and **Waitakere Community Outreach Food Banks** for their willingness to provide food parcels for our clients.

All the people who so faithfully pray for us, especially **Karen Molloy** and **Tui Harfield** for their prayerful encouragement over many years.

MORE THANKS...

I want to express my personal thanks to all our Trustees, **Lynn Goold** (Deputy Chairperson), **Gail Bond** (Treasurer), **Kathy Clist** (Secretary), **Sandra Hewlett**, **Judi Tiller** and **Richard Charmley**. We warmly welcome **Gail Bond** as a new Trustee to take up the role of Treasurer. Gail comes from an accountancy background and brings a wide array of skills that complement the trustee team.

CLOSING COMMENTS...

For yet another year this report closes expressing gratitude to God and everyone who has been involved in any way providing encouragement and support practically, financially and prayerfully. We are grateful too to all our clients of all ages from a wide range of ethnic, spiritual, social, economic and educational backgrounds who have inspired us with their courage and determination to develop their resources and make positive changes.

Working in a caring partnership together, we will continue working with love to bring hope & empowerment in the lives of individuals and families...

"making a difference in our community".

STU SUTHERLAND (CHAIRPERSON)

WORKING IN A CARING
PARTNERSHIP
TOGETHER,
WE WILL CONTINUE
WORKING WITH LOVE
TO BRING
HOPE & EMPOWERMENT
IN THE LIVES OF
INDIVIDUALS AND
FAMILIES...
"MAKING A
DIFFERENCE IN OUR
COMMUNITY"

KORU: SYMBOL OF CHANGE AND GROWTH

The Koru symbolizes the change and growth CARE Waitakere has experienced over the past year. It represents peaceful new beginnings and an unfolding of new life. We have seen some changes to our staffing with the exciting appointment of CARE Waitakere's first Director, founding members have changed roles while others have moved on to pursue fresh dreams. We have felt the "peace that surpasses all understanding" through these changes and are excited about the new beginnings that are starting to unfold in the life and work of CARE Waitakere.

Whilst change is an inevitable aspect of life, CARE Waitakere remains committed to "coming alongside to restore and empower" others who are experiencing change in some form or other in their life's journey. CARE Waitakere is not only committed to supporting others but is also committed to the unfolding opportunities that change brings as we seek to become the change we desire to see in our community.

Pene Hodge is our new Managing Director. Pene comes with over 20 years experience working and training in the area of social work and coordination of not for profit community services. During this time she has worked for such organisations as CYFS, Barnados, IHC, Open Home Foundation and Child Cancer Foundation. Pene has recently completed a Bachelor of Arts in Business Psychology where her main focus was on human resource and organisational management. She is very excited about the role as it combines her previous social and community work experience with her recent management training. She lives in West Auckland with her husband and two children.

Jennie Irving brings to C.A.R.E. a diverse range of work skills and knowledge from a variety of workplace experiences which include secretarial/office administration, retail sales, and counselling. At C.A.R.E. Jennie wears a few different hats. She is a member of the counselling team, and with her office administration skills, does the finances. Jennie will also be taking up the role of Budget Service Manager. Jennie resides in West Auckland with her husband and pets and her two sons live next door.

In February this year we farewelled **Gail Hembest** who for the past nine years has worked tirelessly as Coordinator of the Budget Service as well as Administrator with Receptionist duties. We are grateful for the many ways she has contributed to the growth and development of CARE. We wish her well in her studies as she works towards her qualification as an early childhood teacher.



Kathy Clist, Jennie Irving and Pene Hodge

Kathy Clist, one of our founding Trustees, will be stepping back from that role this year in order to focus on her role as Manager of the Counselling Team. As a Trustee, Kathy gave generously and graciously of her time and expertise over the past ten years ensuring the successful establishment and development of the Trust. We honour her for this and are thankful we will retain her services in her current role.

Lynn Goold another of our founding Trustees has stepped down from her role on the Management Team. She has made such a significant contribution to all aspects of the Trust's day to day management. We are pleased that she will continue her extensive work at CARE as a counsellor and as the Deputy Chairperson of the board.

BUDGETING SERVICE

(New Zealand Federation of Family Budgeting Services Affiliated)



C.A.R.E. Waitakere Trust Budget Service has undergone some big changes in the last few months. *Gail Hembest*, who started the Budget Service here at C.A.R.E. left to further her education and career. *Joy Scott, Dorothy Hogan, John Goold, Grahame Winter* and *Raoul Taylor* currently make up our team of dedicated Budget Advisors and have worked well to fill the gap that has been left by Gail's departure. We very much value and appreciate the work that our volunteers do in providing this important free service to the community.

Three more Budget Advisors are about to embark on their Budget Advisory Introductory Course over the next few weeks, and will be a valuable resource to add to the team.

The current economic climate has put some real pressure on individuals and families, and we are expecting the service to be more widely used. In the year from April 2007 to March 2008, approximately 245 people accessed the Budget Service.

The Budget Service is receiving an increasing number of requests to provide in-house budget advice for businesses and community organisations. We are excited at these new possibilities and would like to accommodate requests such as these wherever possible.

The C.A.R.E. Budget Advisors often have to work with people who are experiencing very traumatic and stressful situations with their finances. It is to be acknowledged that these dedicated people are sometimes left feeling affected by the stories they hear. Giving Budget Advice to people is not just about figures on a page, but includes witnessing the hardship and struggle that many people face.

We look forward to the year ahead, and the opportunities that await. A special thanks to *Joy, Dorothy, John, Raoul* and *Grahame* for the valuable contribution they make to the lives of many.



Joy Scott & Dorothy Hogan.

COUNSELLING SERVICE



Thank you to ANZ Staff Foundation for some more wonderful resources for the Child Therapy room.

Our counselling service has grown in leaps and bounds this year with the further growth of our team. We were sad to lose *Sabrina Zoutenbier* and *Michelle Youngs*, both of whom made outstanding contributions to C.A.R.E. and the community during their time with us. We wish them well in their future endeavours. *Catherine Readhead* joined us halfway through the year and then took some time out to have her first baby, Jade.

New additions to the team this year are *Cathy Dodd, Jane Hepburn, Jennie Irving* and *Elaine McConnell*. Cathy and Jane are very welcome additions to our child therapy team and also work with adults. Both Elaine and Jennie have experience in mental health work and are very valued additions to the team. These four new arrivals, together with *Kathy Clist* (Counselling Service Manager), *Lynn Goold, David Pimentel* and *Diane Collins*, mean that C.A.R.E. is now able to offer counselling to a broad range of clients of all ages.

As in previous years we have enjoyed offering opportunities to counselling students who work with some of our clients under supervision, offering a further low-cost option for clients. They have also made outstanding contributions to C.A.R.E. and to our team. Thank you *Jennie Irving, Brent Cartman, Lisa Single, Cathy Dodd, Jane Hepburn* and *Anisha Beamish*! And best wishes for your future studies and careers. Interns joining this year are *Sheryl Garden* and *Mandy Chapman-Smith*.

We are very grateful to the Lotteries Commission for providing two days' salary for a child therapist so we are able to offer a limited number of low cost sessions to children and adolescents whose parents or caregivers are unable to afford to pay for them. Seeing clients regardless of their ability to pay has been an important part of C.A.R.E.'s ethos from its inception, and thanks to other funding as well as hours of counsellors' donated time, we are also able to subsidise a limited number of sessions to other clients who are unable to afford to pay.

As in other years, a warm thanks to our team and all they bring to C.A.R.E. Waitakere Trust. So much of the warm, welcoming culture C.A.R.E. has become known for is due to your compassion, warmth, generosity and respectfulness.

INSPIRING EXAMPLE OF CHANGE AND GROWTH FROM ONE FAMILY



"Our family has been involved with C.A.R.E. for many years. I can remember the first time coming for counselling and the shame I felt about the issues our family struggled with on a daily basis. The counsellor never batted an eyelid. Our family has had several members in therapy at one time and again the warmth and love helped to ease the shame. We have come so far both as individuals and as a family. I would never have dreamed we could be doing so well. This has not just been through a lot of counselling but also budgeting, family courses, mentoring and a holiday. I believe if I never walked through those doors over 7 years ago the emotional, physical and spiritual healing we have received to varying degrees would not have been possible".

PERSONAL DEVELOPMENT PROGRAMMES...



"BUILDING FAMILIES FOR LIFE" PARENTING COURSE

This eight week parenting programme continues to be presented at CARE. Our new facilitators are *Cathy Dodd* and *Jane Hepburn*. The informative take-home manuals ensure ongoing access to helpful information. We have been encouraged by the positive feedback about practical insights and skills learnt which have helped strengthen families' lives.

ADVENTURE SPECIALTIES TRUST continues to provide wonderful opportunities for CARE clients and families to experience the outdoors. Programmes this year have included Mums on the Move, Beach Fun Day, Sea Kayaking at Goat Island and a wonderful Family Camp. A mother and son who attended the last Family Camp wrote *"We both enjoyed the time to connect with each other and other families while sharing the challenges of our first caving exploration, first kayaking paddle and our first abseiling together. Sharing these adventures together has built strong memories for us. The instructors patience, experience and warmth ensured we not only felt safe and supported but had fun during the process."*

Thanks Adventure Specialities!



FINANCIAL AREAS

We are pleased to advise that at the end of the 07-08 financial year we have been able to meet all our budget requirements and are in a healthy financial position for the year ahead. This has enabled us to initially meet the salary requirements of the director's role however increased support through grants, sponsorship and donations is required for the role to continue long term. We have applied specifically to the *ASB Community Trust, NZ Lottery Grants Board* and *JR McKenzie Trust* for this.

Along with the significant and welcomed growth we have experienced in the last year comes an increased need for funds for operating expenses, salaries and client subsidies. As in the past this will continue to be a challenge in the future, new and innovative ways to fund our service will need to be explored.

We continue to be very grateful to all those who provide financial assistance through grants and donations. Without which we would not be able to continue to provide free budgeting advice, counselling for a low or subsidised fee and to further develop our services.

Special thanks to: *A.N.Z Staff Foundation* - Equipment and materials for the Child Therapy room. *A.S.B Community Trust* - Salaries, General expenses and office equipment for the Trust. *Bancorp* - Furniture for reception and counselling rooms. *C.O.G.S*- Volunteer expenses, mileage, telephone costs for Budgeting service. *Community Education*-Parenting Courses. *J R McKenzie Trust*- Salaries. *Lion Foundation*- Salaries and CARE house utilities. *Ministry of Social Development*- Counselling subsidy system, parenting programmes, salaries and general expenses. *NZ Post* - Community postage. *Sky City Auckland Community Trust* - Professional Development and NZCCA annual conference for counselling service. *Waitakere City Council*- Accounting and Insurance costs. *Waitakere Licensing Trust*- Sky light, lighting, office furniture and equipment. *United Way*- Operating and administration expenses for Budgeting Services

And to all other individuals, families and the community who have made donations we thank you.